

# Safer injections with BD AutoShield™ Duo

embecta, formerly part of BD

## 1 Get ready for the injection



Attach the needle.



Prime the needle.



Grip pen in palm of hand and keep thumb up.

The first safety pen needle offering protection at both the patient and the pen ends



## 2 Choose the appropriate injection technique

### Technique without skin fold

Preferred safe injection technique for 5mm.



No skin fold and injection at 90°.



Incorrect angle.

### Technique with skin fold

Alternative technique - lift a skin fold if there is a concern about intramuscular injection, or in cases where there is no firm surface (eg. soft skin) into which to inject.



Wide skin fold and injection at 90° (approx 2.5cm of skin between the fingers).



Skin fold not wide enough. Incorrect angle. Selecting an alternative site may be more appropriate in some cases.

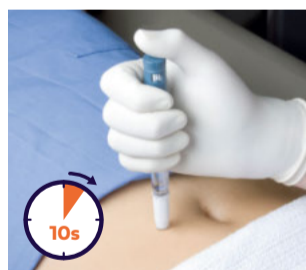
## 3 Perform the injection



Insert the needle without pressing the button.



Press the button to inject.



Leave the needle in the skin for at least 10 seconds AFTER the thumb button is fully depressed.

## 4 Dispose of the needle safely



At the patient end, on withdrawal from the skin, the safety mechanism will activate automatically. The needle shield will lock in place. The **red indicator** band confirms activation.



At the pen end, on removal of the needle, the **orange shield** deploys automatically.



Discard the needle into a sharps container.

## Advance every day together.

To develop and provide solutions that make life better for people living with diabetes.

### References:

1. Frid AH, Kreugel G, Grassi G et al. New insulin delivery recommendations. Mayo Clin. Proc. Sep 2016;91(9):1231-1255

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